

A little quiz – Do you feel safe at work?

Place a check mark next to the items that are true about your workplace.

1. I have a person at work I can talk to about my performance without fear of reprisal.
2. If I tell my supervisor something confidentially, it stays confidential.
3. My supervisor is consistent and predictable.
4. When my work is examined and criticized, it is not about me personally.
5. Work goals are given in advance. Support to meet those goals is available.
6. I trust my boss/supervisor—even if I don't like them. I know they will do what they say they will do.
7. Workplace ethics—integrity, legality, and honesty—are part of the company culture.
8. Unscrupulous behavior and unwanted advances are dealt with immediately.
9. Differences and diversity are accepted. The focus is on the value I bring to the workplace.
10. I am blamed for things I have no control over.
11. Clients/customers scream and yell at me.
12. I have little control over my work hours.
13. I never know when my boss/supervisor will lose their temper.

A little quiz – Do you feel like you belong?

Place a check mark next to the items that are true about your workplace.

1. I am included in meetings that are important to my work assignments.
2. In team meetings, my ideas are entertained and discussed.
3. I am included in work lunches.
4. I have colleagues at work with whom I socialize outside of work.
5. There is a businesslike, focused energy at work, and people tend to work together for a common purpose.
6. I agree with the values of the company I work for.