

# DeShanna Reed

**DeShanna Reed, Ed.D.** has over a decade in education serving as a general education and special education teacher. She is a former middle school administrator, educational researcher, and an author of articles focused on the integration of social-emotional learning competencies and academic content in secondary populations. Dr. Reed DeShanna is currently a doctoral candidate in the Department of Educational Leadership and Policy Studies at the University of Houston College of Education. She is married to her middle school sweetheart, and they share four young adult and teenage children.



“My most recent aha! moment came when I became an administrator. I knew that my students were truly hurting emotionally and socially. The vicious cycle of home-life and social-life stressors led to behavioral incidents, which led to school stressors, and the cycle continued. I also knew that teachers were feeling overwhelmed with their own home-, social-, and school-life issues, which was inadvertently contributing to the cycle. Identifying, acknowledging, and openly addressing the emotional poverty of all parties was the catalyst for much-needed change. It was and is the key to motivating positive behaviors and responses from students, encouraging social growth of both students and adults, and understanding why certain behaviors occurred, as well as the triggers, and stopping the cycle.”

## Selected workshops presented by DeShanna King

- ♦ A Framework for Understanding Poverty
- ♦ Emotional Poverty in All Demographics
- ♦ Emotional Poverty—Safer Students and Less-Stressed Teachers

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