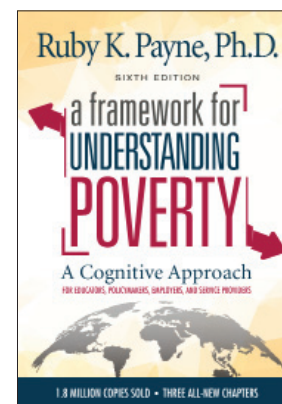# Keep Classrooms Safe and Students Learning

School districts nationwide are dealing with shrinking budgets, increased mandates, classrooms disrupted by anger and anxiety, a widening student achievement gap, and a loss of teachers. School administrators need a model that will improve the whole school.

We define poverty as resource-based—not just financial resources, but a whole spectrum of resources required for success in school and in life. Additionally, emotional distress interrupts and can harm—even destroy—effective teaching, learning, and emotional wellness in teachers and students.

aha! Process offers professional development for teachers and administrators, development that includes training and educational solutions that will improve academic outcomes by helping students of all economic classes build resources.

Looking for Ways to Raise Student Achievement?

A Framework for Understanding Poverty: 10 Actions to Educate Students
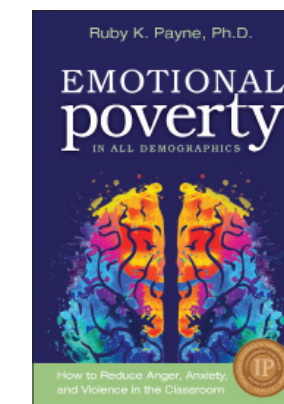
Designed for educators and staff at all levels, this seminar provides practical, real-world support and guidance.

The Framework 10 Actions professional development workshop provides:

- Best practices to use immediately to improve outcomes
- Concrete strategies to raise achievement of students from poverty
- Awareness of how economic class affects behaviors and mindsets
- Methods to build stronger relationships with students to impact behavior and achievement
- Key instructional strategies for under-resourced learners
- Understanding of the hidden rules of economic classes and how they apply in the classroom

Available online, in person, or on demand.

Helping Students Grow Their Emotional Resources

Emotional Poverty in All Demographics: How to Reduce Anger, Anxiety, and Violence in the Classroom
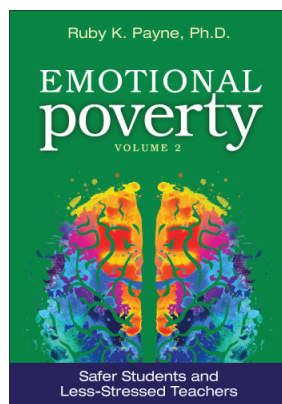
Educators are increasingly frustrated by confrontations over students' disruptive and unproductive behaviors. But information about the emotional sources of this behavior is lacking, as are tools for managing behavior.

The Emotional Poverty workshop provides:

- Understandings of origins of anger, anxiety, and avoidance
- Language to talk about brain regulation, integration, and emotional competence
- Calming strategies to reduce anger and anxiety
- Techniques to manage the "classroom dance" that occurs between the educator and the students
- Methods to motivate good behavior
- Insight into the differences between male and female emotional processing

Available online, in person, or on demand.

For a complete list of products, please visit ahaprocess.com

What Stress Does to Your Teaching—and Your Students

Emotional Poverty, Volume 2: Safer Students and Less-Stressed Teachers

External pressures, environmental factors, previous experiences, fear, anger, and more create stress and tension in the classroom. Learn how to counteract these negative influences.

The Emotional Poverty, Volume 2 workshop provides:

- Ways to read students' emotional body language
- Insights into the brain development of adolescents
- Strategies to help students develop their prefrontal cortex and build resilience
- Practical ways to create an emotionally healthier classroom
- Cues to recognize emotional stress in yourself and students
- Tools to overcome stress and compassion fatigue

Available online, in person, or on demand.

Will Teaching Ever Be Worth It?

Before You Quit Teaching: Tools, Resources, and Hope for New Teachers in High-Poverty Classrooms

Before your teachers quit, realize this: Not only can they survive, but they can experience the joy and satisfaction they expected when they first decided to teach.

The Before You Quit Teaching professional development workshop provides:

- Calming strategies to help students and teachers
- Better ways to understand parents
- Insights for working with administrators
- Strategies to reduce discipline referrals
- Ways to thrive, even in adversity
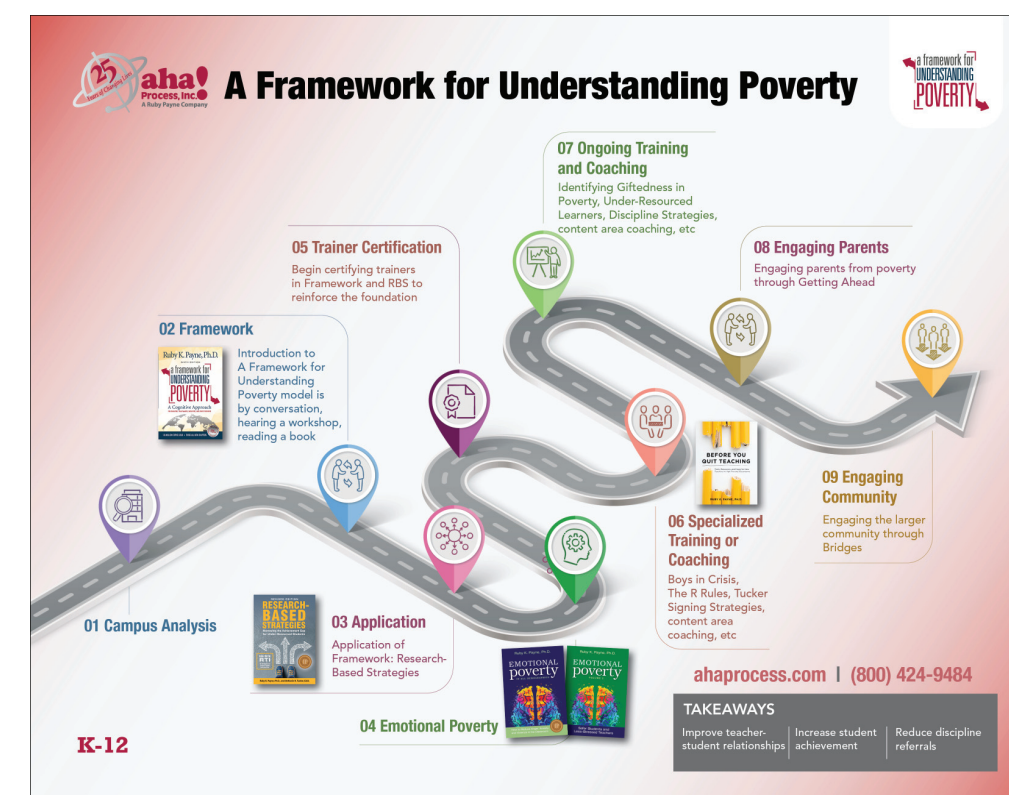- Resources to create a future story

Available online, in person, or on demand.

Download your FREE copy of *Before You Quit Teaching* at https://www.ahaprocess.com/byqt/

Proven Solutions for K–12 Schools

- Improve student/teacher relationships
- Increase school safety
- Increase student achievement
- Reduce discipline referrals
- Improve parental engagement

A Framework for Understanding Poverty

01 Campus Analysis

02 Framework — Introduction to A Framework for Understanding Poverty model is by conversation, hearing a workshop, reading a book

03 Application — Application of Framework: Research-Based Strategies

04 Emotional Poverty

05 Trainer Certification — Begin certifying trainers in Framework and RBS to reinforce the foundation

06 Specialized Training or Coaching — Boys in Crisis, The R Rules, Tucker Signing Strategies, content area coaching, etc

07 Ongoing Training and Coaching — Identifying Giftedness in Poverty, Under-Resourced Learners, Discipline Strategies, content area coaching, etc

08 Engaging Parents — Engaging parents from poverty through Getting Ahead

09 Engaging Community — Engaging the larger community through Bridges

ahaprocess.com | (800) 424-9484

TAKEAWAYS | Improve teacher-student relationships | Increase student achievement | Reduce discipline referrals

K-12

To learn how aha! Process can quickly help your school obtain measurable results, call (800) 424-9484 or visit ahaprocess.com