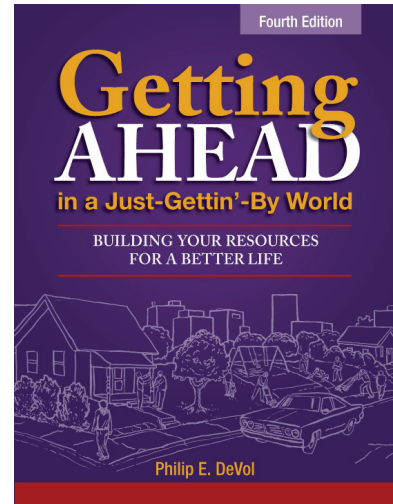
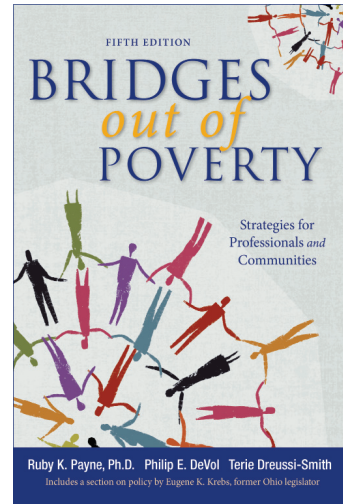


aha! Process: Your Partner in Building Sustainable Communities

Training and Development Tools



Viewing Economic Class Through the Bridges Lenses



Impacting Poverty Begins with Understanding

aha! Process is focused on breaking the cycle of generational poverty. The Bridges Out of Poverty constructs are based on the research of Dr. Ruby Payne, Philip DeVol, and Terie Dreussi-Smith as outlined in their book of the same title. Key tenets of the Bridges Out of Poverty work include:

- Recognizing the four causes of generational poverty
- Understanding the hidden rules that create barriers for those in poverty to successfully emerge
- Identifying critical resource gaps that need to be addressed in order for individuals to improve life outcomes

Bridges Out of Poverty and Getting Ahead in a Just-Gettin'-By World training and development tools work across multiple sectors to address root causes of poverty at the individual, institutional, community, and policy levels. We have proven solutions that can help your organization:

- Move individuals from poverty to self-sufficiency
- Reduce social costs related to crime, poor health, and welfare
- Strengthen education attainment and job skills
- Improve on-the-job-productivity
- Revitalize neighborhoods
- Build sustainable communities where everyone can live well

“Today—more than ever—we need leaders who can unite the diverse parts of our communities. When people from diverse places and sectors come together, the result is not only synergistic but also symphonic. Bridges Out of Poverty is the key! It provides a lens for building win-win partnerships with business, education, government, healthcare, the social sector, and faith-based groups to transform the lives of individuals, organizations, and communities.”

-Mike Saccocio, Executive Director, City Mission, Schenectady, New York

“When we set the goal of reducing poverty by 50% in the Omaha metro area, Bridges Out of Poverty was the obvious choice. Bridges and Getting Ahead are holistic and empower the individual to improve their situation and trajectory.”

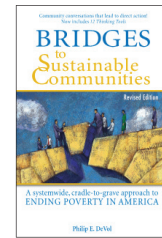
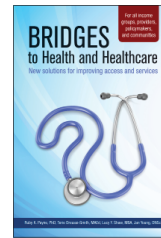
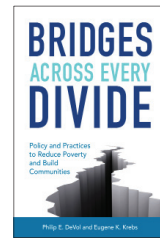
-Roger Howard, CPA, Volunteer CEO, Omaha Bridges Out of Poverty, Omaha, Nebraska

A Suggested Starting Place

- Bridges Out of Poverty: Strategies for Professionals and Communities—Individual Lens, Institutional Lens, and Community and Policy Lenses Workshops
- Bridges Out of Poverty Trainer Certification
- Getting Ahead in a Just-Gettin’-By World Faciliator Training

Dig Deeper

Check out *Bridges Across Every Divide*, *Bridges to Health and Healthcare*, and *Bridges to Sustainable Communities* at ahaprocess.com/shop



Research and Results

A Group-Based Intervention for Persons Living in Poverty

Psychosocial Improvements Noted Among Participants of Getting Ahead in a Just-Gettin’-By World

A national study of Getting Ahead was conducted by Elizabeth Wahler of the Indiana University School of Social Work and reviewed in the journal *Social Work with Groups*. The study found that from beginning to end of the Getting Ahead learning experience there were statistically significant improvements.

Wahler study link: www.ahaprocess.com/getting-ahead-study

Connecting Poverty, Culture, and Cognition: The Bridges Out of Poverty Process

Ines Jindra and Michael Jindra, former research scholars at the University of Notre Dame, published the results of a two-year study of Getting Ahead investigators in the *Journal of Poverty*.

Jindra study link: www.ahaprocess.com/jindra-connecting

To learn more about the workshops and how aha! Process can partner with you to build a sustainable community, contact Lynn Jackson, Bridges Out of Poverty Engagement Manager, at LJackson@ahaprocess.com or (800) 424-9484



Bridges Out of Poverty is an invaluable tool to educate criminal justice professionals to recognize how socioeconomic class contributes to compliance issues for individuals being supervised.

—Melissa A. Knopp, Esq., Project Manager, Stepping Up Ohio, Peg’s Foundation, Columbus, Ohio



Muskogee Bridges out of Poverty, Oklahoma