

Before You Quit Teaching Workshop

GOALS

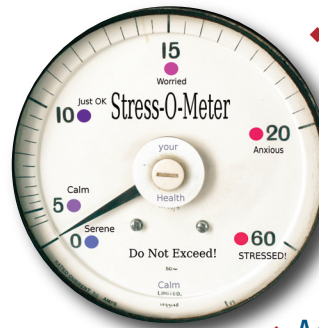
- ♦ To assist in the individual decision making of whether to stay or leave teaching, including your value proposition and your long-term goals
- ♦ To more clearly identify the frustrations and political and emotional realities of teaching
- ♦ To provide additional tools that would make teaching easier

Start with You



- ♦ Your value proposition
- ♦ Your future story
- ♦ Where you are as an adult in stages of adult development

Daily Stressors, Tools, and Resources



- ♦ Your autonomic nervous system
- ♦ Management of your classroom personality, procedures, and interventions
- ♦ Addressing emotional poverty issues
- ♦ Addressing socioeconomic status issues

Parents



- ♦ Strategies and tools for working with parents
- ♦ Karpman triangle
- ♦ Building relationships
- ♦ Implicit bias
- ♦ Planning a conference
- ♦ Invitational language
- ♦ Emotional realities of parenting

Addressing Political Realities, Principals, and Peers



- ♦ State assessment and testing
- ♦ Curriculum and instruction
- ♦ Establishing a working relationship with both principal and peers
- ♦ Political realities of elected/appointed boards and unions
- ♦ Working conditions

My Plan for Moving Forward

Staying or Leaving?

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