

# STOP CYBERBULLYING



- ◆ **Block** the cyberbully on every platform.



- ◆ **Print** or screenshot bullying messages.



- ◆ **Tell** an adult you trust.



- ◆ **Report** the abuse to moderators.  
If the messages contain threats,  
contact local police.



- ◆ **Do not respond** or seek revenge.  
This keeps you in control  
of the situation.



- ◆ **Do not forward** abusive messages because others  
might forward them too.

