Muskogee BRIDges OUT OF POVERTY

**Master Meal Plan Fall 2017**

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| August TUESDAYS |  |  |  |  |
| **1 – Super Nachos** | **8 – Chicken Spaghetti** | **15 – Hamb. Helper** | **22 – Lasagna** | **29 – BBQ Chicken** |
| Cookies | Green Beans | Capcake | Salad | Baked Beans |
|  | Garlic Bread |  | Garlic Bread | Coleslaw |
|  | Jello |  |  | Applesauce |
| **Servers: Food Team** | **Servers: Food Team** | **Servers: Food Team** | **Servers: Food Team** | **Servers: Food Team** |
| **Sponsor: Interstate Prop** | **Sponsor:** | **Sponsor: Premier Ped.** | **Sponsor: Advantage** | **Sponsor: Vicki Spencer** |

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| September TUESDAYS |  |  |  |  |
| **5 – Brown Beans** | **12 – Mac & Cheese** | **19 – Goulash** | **26 – No Class** |  |
| Fried Potatoes | Smoked Sausage | Cornbread |  |  |
| Cornbread | Sweet Peas | Salad | Nat’l Conference |  |
| Peach Cobbler | Cake | Cupcakes |  |  |
| **Servers: Food Team** | **Servers: Food Team** | **Servers: Food Team** |  |  |
| **Sponsor: Mike Martin** | **Sponsor:** | **Sponsor: Wayne Johnson** |  |  |

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| October TUESDAYS |  |  |  |  |
| **3 – Hamburger Stew** | **10 – Grilled Cheese** | **17 – Chick Spin Pasta** | **24 – Hispanic Choice** | **31 –Pizza** |
| Cornbread | Tomato Soup | Garlic Bread |  | Salad |
| Cake | Cupcakes | Salad |  | Cookies |
|  |  | Jello |  |  |
| **Servers: Food Team** | **Servers: Food Team** | **Servers:** | **Servers: Food Team** | **Servers: Food Team** |
| **Sponsor:** | **Sponsor:** | **Sponsor:** | **Sponsor:** | **Sponsor:** |

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| November TUESDAYS |  |  |  |  |
| **7 – Enchilada Cass.** | **14 – Chick Noodle** | **21 –** | **28 – Potato Soup** |  |
| Corn | Crackers | **FREE THANKSGIVING** | Crackers |  |
| Salad | Dump cake w apples | **MEAL @ OHMOF** | Strawberry Cheese |  |
| Cookies |  |  | cake |  |
| **Servers: Food Team** | **Servers: Food Team** | **Servers: GRM** | **Servers: Food Team** |  |
| **Sponsor:** | **Sponsor:** | **Sponsor: GRM** | **Sponsor:** |  |

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| December TUESDAYS |  |  |  |  |
| **5 - Social** | **12 - Graduation** |  |  |  |
| Finger Food | Charlie’s Chicken |  |  |  |
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| **Servers: Food Team** | **Servers: Food Team** |  |  |  |
| **Sponsor:** | **Sponsor:** |  |  |  |

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| Food Team |  |  |  |  |
| Treasure  918.616.6710 | Diana  918.577.7809 | Deloris  918.840.6983 | Charolette  918-781-3678 | Ana  918-310-5326 |
|  |  |  |  |  |
| Shenia  918.869.5353 | Delvetta  918.816.0655 | Wendy  918.684.7015 | Kat  918.840.9105 | Linda  918-360-9055 |

**FOOD TEAM NOTES**

Remember you are representing Bridges, the Foundation,   
AND the food sponsor at all times.

GENERAL RULES:

* + Show up at 3:00pm (unless the meal requires longer prep time)
  + Food should be ready to serve at 5:30pm
  + Wear gloves to serve
  + Clean appearance with hair pulled back
  + Dress nice – or Bridges or Real Okie T-shirt
  + Wear Bridges aprons to serve
  + Smile.
  + No eating until after everyone has been served.
  + Take trash to dumpster
  + Stay until kitchen is clean and tables are wiped
  + You will probably be done by 6:30pm - if we all work together
  + If you are unable to make it, please contact Shenia immediately
  + Please make a list of supplies needed and text it to Treasure weekly

THANK YOU for sharing your time and culinary talents to GIVE BACK to the Bridges Program. You are helping our Investigators change their lives.

We really appreciate you.

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| Meal Sponsors | Fall Session | Spring Session |
| Advantage Controls | 1 | 1 |
| Hispanic Alumni | 1 | 1 |
| Earnie Interstate Properties |  |  |
| Frank Foundation Management |  |  |
| Tracy – Premiere | 2 | 2 |
| Wayne Johnson | 1 |  |
| Barbara Strickland @ Timothy | 1 | 1 |
| Green Country Behavioral | 1 |  |
| Vicki Spencer | 1 |  |
|  |  |  |
| Golden Corral |  |  |
| BWW |  |  |
| Runt’s |  |  |
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