## Getting Ahead Self-Assessment

**Date:** ________________________________

**Name:**

**Address:**

**Phone:** ________________________________  **E-mail Address:**

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1. **Check the Highest Grade you have completed**
   - Some high school
   - GED completed
   - High School Graduate
   - Some College or Technical Training
   - Completed 2 year Degree
   - Completed 4 year Degree
   - Some Graduate School

2. **What is your marital status?**
   - Married
   - Separated
   - Divorced or widowed
   - Living with someone, but not married
   - Never married
   - Other

3. **Number of hours working**
   - Not Working
   - Working less than 15 hours/week
   - Working 15 – 19 hours/week
   - Working 20 – 30 hours/week
   - Working 30 – 40 hours/week
   - Working more than 40 hours/week
   - Retired

4. **English speaking proficiency**
   - None or very limited skills
   - Functional skills with some support
   - Functional skills with no support needed

5. **In the last month, how many days did you feel “down” or discouraged?**
   - None
   - One or two
   - Three or four
   - Five or more

6. **What is your housing situation?**
   - Homeless and not in a shelter
   - Emergency shelter
   - Transitional housing
   - Subsidized housing
   - Rental housing, non-subsidized
   - Own home

7. **Is your housing affordable?**
   - Paying more than 50% of my income
   - Paying less than 50% of my income
   - Paying less than 30% of my income
   - Not paying rent and living with others
   - Not sure

8. **Is your transportation affordable?**
   - Paying more than 50% of my income
   - Paying less than 50% of my income
   - Paying less than 30% of my income
   - Have tokens or subsidized transportation
   - Not sure

9. **Child Care**
   - Not available
   - Not needed
   - Available but inadequate to meet my needs
   - Available and adequate with subsidy
   - Available and adequate without subsidy

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→ → → Please Turn Over

Getting Ahead Pre & Post Evaluation.doc
<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>10. A plan for how you are going to get out of poverty?</td>
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<tr>
<td>11. Are you in a matched savings account program?</td>
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<td>12. A safe and stable place to live?</td>
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<tr>
<td>13. Health insurance for yourself?</td>
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<td>14. Health insurance for your children?</td>
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<td>15. Health insurance for all your family?</td>
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<td>16. A reliable means of transportation?</td>
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<tr>
<td>17. A friend who will help you out in a crisis?</td>
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<tr>
<td>18. A family member who will help you out in a crisis?</td>
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<td>19. A driver’s license?</td>
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<td>20. Do you know what the hidden rules of class are?</td>
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<td>21. Do you struggle to survive each day?</td>
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<td>22. Do you think about your future?</td>
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<td>23. Do you think about your children’s future?</td>
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<td>24. Do you have mental health concerns(s)?</td>
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<tr>
<td>24a. Do you have a plan in place to treat them?</td>
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<tr>
<td>25. Do you have physical health concern(s)?</td>
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<td>25a. Do you have a plan in place to treat them?</td>
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<td>26. Do you and your children feel safe from violence?</td>
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<td>27. Make decisions based on future outcomes rather than your immediate feelings?</td>
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### On a scale of 1 to 5: 1 = (handle very well) to 5 = (don’t handle well at all)

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<tr>
<th>Question</th>
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<th>2</th>
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</thead>
<tbody>
<tr>
<td>28. How would you rate your success at dealing with stress?</td>
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<td>29. How successful are you at meeting deadlines?</td>
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<td>30. How well do you handle taking responsibility for your actions?</td>
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<td>31. Manage time demands: on time, meet deadlines?</td>
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### Your current satisfaction with life overall is: 1. Discouraged and dissatisfied 2. Somewhat discouraged 3. OK but struggling 4. Good 5. Hopeful and Moving Forward

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<tr>
<td>32. How aware are you of the available resources in your community?</td>
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<tr>
<td>33. How aware are you of the available resources in your community?</td>
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### What are your best hopes to the Getting Ahead Workshops?

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